



# AMETHYST

**Amethyst has been referred to in the past as 'nature's tranquilizer'. It is known as one of the most effective healing crystals.**

Amethyst is an incredibly powerful and protective stone. It helps protect the wearer from all types of harm, from geopathic, electromagnetic, stress, ill wishes from others and transmuting that energy into love and protection. Amethyst has been referred to in the past as nature's tranquilizer, it relieves you of stresses and strains, balances out the mood swings and helps dispel anger, rage, fear and anxiety.

Amethyst has strong healing and cleansing powers which can activate one's spiritual awareness opening up intuition and enhancing one's psychic abilities. Amethyst is one of very few crystals that can be used with the direct purpose of enhancing intellectual and cerebral thought. Used as jewellery and keep it close to you for best results. Amethyst can help remove that 'brain fog' and leave you with a clear head.

The spiritual meaning of Amethyst is Calm, Tranquility and Grounded. Its literal meaning of Amethyst is 'Not Intoxicated' - its name translates from the Greek word Amethystos.



GEMSTONE FAMILY:

QUARTZ

CHAKRA:

CROWN, THIRD EYE

COLOUR:

LIGHT VIOLET TO DEEP PURPLE

ELEMENT:

WATER, AIR

ZODIAC:

SAGITTARIUS, VIRGO,  
AQUARIUS, PISCES,  
CAPRICORN

